



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
 <h1 style="font-size: 4em; margin: 0;">APRIL</h1> 									
								1	9:00 Watercolor—Diane 9:00 Yoga 10:30 Yoga 1:00 Beginner Watercolor 1:00 Chess 1:00 First Friday Focus-Meditation
4	8:30 Exercise 9:00 Bridge 9:00 Take Charge of Your Health 10:00 Yoga 12:00 AARP Taxes 1:00 Pinochle 1:00 Reserve Cards 1:30 Stroke/Parkinson's 6:00 Yoga	5	9:00 Bridge 11:00 Lunch and Learn 1:00 Arthritis Exercise/Tai Chi 1:00 Chess 1:00 Pinochle 3:30 Legal Help—4:30	6	10:00 Aging Alone 11:00 News and Views 1:00 Reserve Cards 1:00 Watercolor—Pat 2:00 Ballroom Dance  <i>Trinity Brownbag Mini Trip Historic Houses Trip</i>	7	9:00 Snacks/Movie <i>Suffragette</i> 9:30 Through The Eyes of Artist 10:00 Blood Pressure—1:00 11:30 Poker 12:00 Asian Exercise 12:30 Snacks/Movie <i>Suffragette</i> 1:00 1:30 5:30 Tai Chi	8	9:00 Watercolor—Diane 9:00 Yoga 10:00 Chair Massage 10:30 Yoga 11:00 Consumer Protection 1:00 Beginner Watercolor 1:00 Chess
11	8:30 Exercise 9:00 Bridge 9:00 Take Charge of Your Health 10:00 Yoga 12:00 AARP Taxes 12:00 Hospice Cards 12:00 Meet and Eat 1:00 Pinochle 1:00 Reserve Cards 6:00 Yoga	12	9:00 Bridge 10:30 Glucose Testing 11:00 Managing/Preventing Diabetes 1:00 Chess 1:00 Pinochle	13	9:45 Men's Morning 11:00 Coffee and Conversation 1:00 Brain Health 1:00 Reserve Cards 1:00 Watercolor—Pat	14	9:00 Snacks/Movie <i>Spectre</i> 9:30 Through The Eyes of Artist 10:00 Blood Pressure—1:00 11:30 Poker 12:00 Asian Exercise 12:30 Snacks/Movie <i>Spectre</i> 1:00 1:30 5:30 Tai Chi	15	9:00 Watercolor—Diane 9:00 Yoga 10:30 Yoga 1:00 Beginner Watercolor 1:00 Chess
18	8:30 Exercise 9:00 Bridge 9:00 Take Charge of Your Health 10:00 Yoga 1:00 Pinochle 1:00 Reserve Cards 6:00 Yoga	19	9:00 Bridge 11:30 Volunteer Recognition 1:00 Chess 1:00 Pinochle 3:30 Legal Help-4:30	20	9:00 Service Club 12:00 Main Lunch—Cirque du Papier 1:00 Reserve Cards 1:00 Watercolor—Pat	21	9:00 Snacks/Movie <i>The 33</i> 9:30 Musical Bingo 10:00 Blood Pressure—1:00 11:30 Poker 12:00 Asian Exercise 12:30 Snacks/Movie <i>The 33</i> 1:00 1:30 5:30 Tai Chi	22	9:00 Watercolor—Diane 9:00 Yoga 10:00 Chair Massage 10:30 Yoga 1:00 Health Series 1:00 Beginner Watercolor 1:00 Chess
25	8:30 Exercise 9:00 Bridge 9:00 Take Charge of Your Health 10:00 Yoga 12:00 Hospice Cards 1:00 Drugless Doctor 1:00 Pinochle 1:00 Reserve Cards 6:00 Yoga	26	9:00 Bridge 9:30 At the Movies 1:00 Arthritis Exercise/Tai Chi 1:00 Chess 1:00 Pinochle	27	1:00 Book Discussion 1:00 Reserve Cards 1:00 Watercolor—Pat  <i>Trinity Brownbag Mini Trip</i>	28	9:00 Snacks/Movie <i>Trumbo</i> 9:30 Blood Pressure—1:00 11:30 Over 90 Party—Rec Center 12:00 Poker 12:30 Asian Exercise 1:00 Snacks/Movie <i>Trumbo</i> 1:30 5:30 Tai Chi	29	9:00 Watercolor—Diane 9:00 Yoga 9:00 Weigh-Ins/Support—10:00 10:30 Yoga 1:00 Beginner Watercolor 1:00 Chess  <i>Westshore Relay for Life— Saturday, 30th, 1:00</i>

# Community Services Travel 2016

WENDT TOURING 2016—EXTENDED DAY TRIPS  
DETAILED BROCHURES AVAILABLE AT WESTLAKE CENTER

## MINI TRIPS

### SPRINGTIME DOWN SOUTH - 7 days departs April 23, 2016

Yes space is still available. Join us during a beautiful time of year to a special area known for its cultural history, elegant architecture and colorful town squares. Great meals, sightseeing and hospitality throughout. Visit Charleston South Carolina (including a Harbor Queen cruise), Savannah Georgia, Jekyll Island, Magnolia Plantation and Gardens, Beauford, the Atlantic Ocean and more.

### WESTERN AMTRAK ADVENTURE – 10 days departs June 19, 2016

Experience a classic train journey out West! See some of Americas most spectacular National Parks and enjoy the many wonders of this dazzling area on this once-in- a- lifetime early summer trip. There is something magical about USA rail travel as we enjoy two of Amtrak's best trains. Visit The Grand Canyon, Bryce National Park, Zion National Park, Las Vegas, Sedona, Colorado Rockies and more.

### TREASURES of OTTAWA by RAIL – 5 Days departs August 24, 2016

Ottawa is one of the great underrated gems of Canada. Enjoy first-class tour features as we travel aboard a sleek and modern VIA train along the shores of Lake Ontario and the beautiful St. Lawrence Seaway. Experience Old World architecture, European art, and international cuisine. All the must see attractions (plus a bit of Quebec) will be included. Stay all four nights in a very good downtown hotel.

### NOVA SCOTIA including PRINCE EDWARD ISLAND – 7 Days departs October 1, 2016

Early Autumn / Fall Foliage is a great time of year for a kaleidoscope of brilliant colors and sparkling vistas. Take in wonderful tour features as we travel via airplane, motor coach and steamer ferry in Canada. Highlights of our Atlantic Maritimes trip include Halifax, Peggy's Cove, Cape Breton, Cabot Trail, Charlottetown, Anne of Green Gables, the Alexander Graham Bell Museum and more. Join Us!

### ***Brown Bag Concerts at Trinity Cathedral***

Limited to nine people.

Depart 11:15.

**Cost: \$5 payable one week prior.**

A \$5 lunch is optional at Cathedral, or bring your own.

**Coffee/tea available.**

**April 6**—Handel's Water Music Suites, Trinity Chamber Orchestra.

**April 27**—The Choirs of Hathaway Brown School.

**May 11**—Kenny Davis Jazz Quartet.

## DAY TRIP

### CLEVELAND 4—FRIDAY, MAY 27

This installment of the story of Cleveland starts at the philanthropic site of **Gordon Park**, followed by a visit to **Lakeshore Park and Dike 14**, a natural habitat created on the waterfront by sinking ore boats to protect the shoreline. Next, revisit the Cold War of the 1950's and see a launch site that once held 30 missiles below ground.

Our day continues as we explore the **Millionaire Mansions of Bratenahl** and hear the stories of the historic Clevelanders who built them. We'll take in the up and coming Waterloo Arts district with a driving tour of their main street, where you can still buy vinyl record albums and see an old-time butcher shop. For **lunch**, we will dine at a small, out-of-the-way Lakewood eatery before we travel to **Whiskey Island** to see **Wendy Park**. Once the holding area for giant mounds of iron ore unloaded by Hulett Loaders and also where boats from Canada would deliver illegal "Hooch" during Prohibition. This area is now a recreational oasis with the growing skyline of downtown as its backdrop.

We travel on to see Cleveland's second, original Chinatown, now making a rebirth and learn how Cleveland became home to the **Rock N Roll Hall of Fame** before visiting their lobby and gift shop which offers music of all genres (they even have cassettes!)

We'll see Cleveland's newest neighborhood, **Hingetown**, supporting a number of boutique shops along with an Avant Garde Art Gallery created out of an old **Transformer Station** that supplied electricity to streetcars. We complete our day visiting one of Cleveland's largest Arabian Night Clubs (hint - *bring your dancing shoes*) and enjoy a **buffet dinner**.

Similar to 1,2 &3, Cleveland 4 will present a unique mix of Cleveland's great history, today's attraction and a peek into our future.

**Depart: 8:30am Return: 6:30pm**

**Cost:\$74 (includes 2 meals), payable by check to JKL Tours by 4/27.**

