



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
March		1	9:00 Bridge 11:00 Lunch and Learn 1:00 Arthritis Exercise/Tai Chi 1:00 Chess 1:00 Mix and Mingle 1:00 Pinochle 1:30 Medicare Consultations-3:30 3:30 Legal Help—4:30	2	8:30 Strength and Stretching 9:45 Men's Morning 10:00 Aging Alone 11:00 News and Views 1:00 Mix and Mingle 1:00 Reserve Cards 1:00 Watercolor—Pat 2:00 Ballroom Dance—4:00 <i>Trinity Brownbag Trip</i>	3	9:00 Snacks/Movie <i>Love the Coopers</i> 9:30 Health Screening Day-12:00 10:00 History—Douglas Bader 10:00 Blood Pressure—1:00 11:30 Poker 12:00 Asian Exercise 12:30 Snacks/Movie 1:00 <i>Love the Coopers</i> 1:30 Ballroom Dance—4:00 2:00 Tai Chi	4	9:00 Watercolor—Diane 9:00 Yoga 10:30 Yoga 1:00 Beginner Watercolor 1:00 Chess	
	7	8:30 Exercise 9:00 Bridge 10:00 Yoga 12:00 AARP Taxes 12:30 Board Games 1:00 Pinochle 1:00 Reserve Cards 1:30 Stroke/Parkinson's 6:00 Yoga	8	9:00 Bridge 9:30 Glucose Testing 10:00 Alice Wills 10:00 Manage/Prevent Diabetes 1:00 Arthritis Exercise/Tai Chi 1:00 Chess 1:00 Pinochle 1:30 Book Review 3:30 Legal Help—4:30	9	8:30 Strength and Stretching 11:30 Chili Cook-off 1:00 Reserve Cards 1:00 Brain Health 1:00 Watercolor—Pat	10	9:00 Snacks/Movie 9:30 <i>Bridge of Spies</i> 10:00 History—Spies 11:30 Blood Pressure—1:00 12:00 Poker 12:30 Asian Exercise 1:00 Snacks/Movie 1:30 <i>Bridge of Spies</i> 5:30 Tai Chi	11	9:00 Watercolor—Diane 9:00 Yoga 10:00 Chair Massage 10:30 Yoga 11:00 Art Appreciation 1:00 Beginner Watercolor 1:00 Chess <i>Spring forward on Sunday!</i>
14	8:30 Exercise 9:00 Bridge 10:00 Yoga 12:00 AARP Taxes 12:00 Hospice Cards 12:00 Meet and Eat 12:30 Board Games 1:00 Pinochle 1:00 Reserve Cards 1:00 Wendt Touring <i>Voting Set-up</i>	15	9:00 Bridge 10:00 Alice Wills 1:00 Chess 1:00 Pinochle 1:30 Medicare Consultations-3:30 3:30 Legal Help—4:30 <i>Primary Election</i>	16	8:30 Strength and Stretching 9:00 Service Club 11:00 Day Away St. Pat's Luncheon 1:00 Reserve Cards 1:00 Watercolor—Pat	17	9:00 Snacks/Movie 9:30 <i>He Named Me Malala</i> 10:00 Bingo for Fun 10:00 History—Culper Spy Ring 11:30 Blood Pressure—1:00 No afternoon programs— food distribution set-up.	18	 Closed for Easter Food Distribution	
21	8:30 Exercise 9:00 Bridge 10:00 Yoga 12:00 AARP Taxes 12:30 Board Games 1:00 Pinochle 1:00 Reserve Cards 6:00 Yoga	22	9:00 Bridge 9:30 At The Movies 1:00 Arthritis Exercise/Tai Chi 1:00 Chess 1:00 Pinochle 2:00 Day Trips 2016 with JKL	23	8:30 Strength and Stretching 9:00 Interesting People/Places... 11:00 Sing Along Lunch 1:00 Book Discussion 1:00 Reserve Cards 1:00 Watercolor—Pat	24	9:00 Snacks/Movie 9:30 <i>The Martian</i> 10:00 Through the Eyes of Artist 11:30 Blood Pressure—1:00 12:00 Poker 12:30 Asian Exercise 1:00 Snacks/Movie 1:30 <i>The Martian</i> 5:30 Tai Chi	25	 City Offices Closed in observance of Good Friday	
28	8:30 Exercise 9:00 Bridge 10:00 Yoga 12:00 AARP Taxes 12:00 Hospice Cards 12:30 Board Games 1:00 Pinochle 1:00 Reserve Cards 6:00 Yoga	29	9:00 Bridge 10:00 Alice Wills 1:00 Arthritis Exercise/Tai Chi 1:00 Chess 1:00 Pinochle	30	8:30 Strength and Stretching 10:00 Twenty Questions/Home Care 1:00 Reserve Cards 1:00 Watercolor—Pat <i>Trinity Brownbag Trip</i>	31	9:00 Snacks/Movie 9:30 <i>The Intern</i> 10:00 Through the Eyes of Artist 11:30 Blood Pressure—1:00 12:00 Poker 12:30 Asian Exercise 1:00 Snacks/Movie 1:30 <i>The Intern</i> 5:30 Tai Chi			

Community Services Travel 2016

WENDT TOURING 2016—EXTENDED DAY TRIPS—DETAILED BROCHURES AVAILABLE AT WESTLAKE CENTER

SPRINGTIME DOWN SOUTH—JEKYLL ISLAND~SAVANNAH~CHARLESTON

April 23—29. Experience all of the Southern charm and beauty that this Atlantic Coast area has to offer. The Golden Isles, Charleston and Savannah are said to be a way of life preserved. Enjoy scrumptious cuisine, old world architecture, sparkling gardens and Civil War history throughout this customized tour.

Highlights Include: Golden Isles of Georgia, Millionaire's Village, Jekyll Island Club, Savannah, Georgia, Historic Waterfront District, Charleston, South Carolina, Charleston Harbor Queen Cruise, Magnolia Plantation & Gardens, Beaufort, South Carolina, Fort Sumter, Atlantic Ocean, Charlotte, North Carolina. Deluxe motor coach transportation. Nine (9) meals, 3-D, 6-B.

Cost \$1,199/pp double occupancy. \$100 deposit to reserve seat, final payment by March 14.

WESTERN AMTRAK ADVENTURE—FEATURING AMTRAK'S SOUTHWEST CHIEF & CALIFORNIA ZEPHYR TRAINS

June 19—28. Experience a classic train journey out West! See some of America's most spectacular national parks and enjoy the many wonders of this dazzling area on this once-in-a-lifetime early summer tour. There is something magical about rail travel. Highlights include: Flagstaff, Grand Canyon National Park, Petrified Forest, Painted Desert, Chicago, Oak Creek Canyon, Sedona, Arizona, Bryce Canyon National Park, Colorado Rocky Mountains, Las Vegas, Nevada, Zion National Park, Utah. Eight (8) meals, 3-D, 5-B.

Cost \$2,149/pp double occupancy Amtrak Coach Seating. \$200 deposit to reserve seat, final payment by April 15.

Also scheduled: Treasures of Ottawa—August 24-28
Nova Scotia and Prince Edward Island—October 1-7

DAY TRIP

HISTORIC HOUSES OF WORSHIP TOUR #2—Wednesday, April 6

Join Westlake Community Services as we continue our series of seeing the amazing religious heritage of the Greater Cleveland area as we tour churches/temples we have not visited previously. We will learn the fascinating and unique stories behind these remarkable holy places of worship and gain a glimpse into the lives of the people who built them and whom they serve. We begin at Fairmount Presbyterian Church, one of the largest Presbyterian churches in Cleveland and known as a leader in the area for its diverse and welcoming congregation. Completed in 1942 and constructed of Ohio Sandstone, this beautiful church features a stone tower surmounted by a stone spire, 37 stained glass windows and a pipe organ. Next, we tour Communion of Saints (previously St. Ann), built in a traditional Greek style of architecture and designed by Walker and Weeks, it incorporated an organ from Massachusetts Pilgrim Church, oak woodwork from one of the Hanna family mansions, marble from the Ritz-Carlton Hotel in Manhattan and chandeliers, choir loft railing, columns and brass and bronze doors from the First National Bank. Then, we arrive at Park Synagogue, one of the oldest Jewish congregations in Ohio, founded in 1869. Upon completion in 1922, with its extensive facilities, was named the Cleveland Jewish Center and the synagogue quickly became a focal point of Jewish life.

Enjoy a delicious lunch (cafeteria style) at Cleveland landmark, Sokolowski's University Inn, serving Polish and Eastern European cuisine since 1923. After lunch, we head to Franklin Circle Christian Church, one of the oldest and best known landmarks on the near west side of Cleveland, where President James A. Garfield, once served as pastor. This church has a long history of promoting education and engaging in social activism in northeastern Ohio. We end our day with St. Michael the Archangel Church, a Roman Catholic Church, founded in 1881. The church building is considered a good example of High Victorian Gothic architecture with its two towers of unequal height and three archways. Be sure to bring your camera to capture the handsome architecture, old-world craftsmanship and priceless windows & statues.

Depart 8:15am Return approx. 5:00pm

Cost: \$59, payable by check to JKL Tours by 3/21.



MINI TRIPS

March Brown Bag Concerts at Trinity Cathedral

Limited to nine people. Depart 11:15. Cost: \$5 payable one week prior. A \$5 lunch is optional at Cathedral, or bring your own. Coffee/tea available.

April 6—Handel's Water Music Suites, Trinity Chamber Orchestra.

April 27—The Choirs of Hathaway Brown School.

May 11—Kenny Davis Jazz Quartet.