



5200 Dover Center Road
North Olmsted, Ohio 44070

Press Release

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For Immediate Release
Date: August 18, 2015

Be Your Own Hero

Whether everyday emergencies like injuries, fires, and outages or large scale disasters, community preparedness starts with you. If you were there, would you be part of the problem or solution? The Westshore Regional Community Emergency Response Team is offering free classes on several disaster preparedness topics. The 20-hour FEMA course is conducted by local safety professionals. Teens welcome. Westshore residents who are over 18 years of age, successfully complete training, and pass a background check are eligible for team membership. Team membership is not required to participate in the free training. Visit www.westshorecert.org for more program and team information.

All disasters are local. Do your part to keep your family and our neighborhoods safe and prepared. To register or for more information contact WSC Coordinator Tricia Granfors at (440) 716-4135 or granforst@north-olmsted.com. Space is limited.

Training begins Saturday, October 3. The five consecutive Saturday morning classes will be held at St. John Medical Center and the Westlake Service Center from 8:00 a.m. to 12:30 p.m.



WESTSHORE: BE YOUR OWN HERO!

Free Disaster Preparedness Training

Whether everyday emergencies like injuries, fires, and outages or large scale disasters, community preparedness starts with you. If you were there, would you be part of the problem or solution? The Westshore Regional Community Emergency Response Team is offering free classes on emergency preparedness and response topics. The 20-hour FEMA course is conducted by local safety professionals. Westshore residents over 18 years of age who successfully complete training and pass a background check are eligible for team membership. **Team membership is not required to participate in the free training.**



Bay Village, Fairview Park, Lakewood, North Olmsted, Rocky River, and Westlake. Adjacent communities welcome.

**Five consecutive
Saturdays,
8am-12:30pm,
Oct 3 – Oct 31, 2015**

**St. John Medical
Center & Westlake
Service Center**

**Personal Disaster
Preparedness • Fire
Safety • Disaster
Medical Operations
(Parts 1 & 2) • Light
Search & Rescue •
CERT Organization •
Disaster Psychology
• Terrorism & CERT •
Disaster Simulation
Exercise**

**TO REGISTER OR FOR
MORE INFORMATION
CONTACT**

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www.westshorecert.org
@westshorecert

**FEMA CERT BASIC TRAINING
Fall 2015 Class Syllabus**

**St. John Medical Center / 29000 Center Ridge Road / Westlake OH 44145
Auditorium B (parking near pond off Center Ridge Rd., pink sign on door)**

Date	Modules	Instructors	Notes
Oct 3	1-Disaster Preparedness 6-CERT Organization	Tricia Granfors & Tim Brown	Lecture with group exercises
Oct 10	8-Terrorism & CERT 7-Disaster Psychology	LW Capt. Gordie Polando Mike Johnson, RN	Lecture with group exercises & hands-on activities
Oct 17	3-Disaster Medical Part 1 4-Disaster Medical Part 2	Tim Brown & Jean Maxwell, RN	Lecture with group exercises
Oct 24	5-Light Search & Rescue* 2-Fire Safety*	NOFD Lt. Ken Hehnen, ret. RR Fire Chief Flynn, ret. FP Fire Bud Williams, ret.	Some outdoors; dress for weather with sturdy shoes
Oct 31	Final Drill*	Various	Active drills; dress in layers for indoor and outdoor activities with sturdy shoes

GENERAL INFORMATION

All classes: 8:00 a.m. – 12:30 p.m. * **These class dates will take place at the Westlake Service Center, 741 Bassett Road (East of Crocker Bassett just south of railroad tracks and north of I-90 & Clemens Road)**

Tricia A. Granfors, Westshore CERT Coordinator
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Westshore Regional CERT: Bay Village, Fairview Park, Lakewood, North Olmsted, Rocky River, Westlake

*In order to cover the material in the scheduled time period,
please do your best to be checked in and ready to go at 8am. Thank you!*